LAKE ILLAWARRA HIGH SCHOOL

Weekly News for New South Wales

For May 3, 2021

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Open Days & Info Sessions

May 5

NSW/ACT: Army Information Systems Technician Virtual Information Session

6.30pm - 8.00pm | Online

May 6

NSW/ACT: Army Military Police Virtual Information Session

6.30pm - 8.00pm | Online

May 13

Wollongong: Trade Careers Info Session

6.00pm – 7.30pm | Wollongong Defence Force Recruiting Centre

May 25

Wollongong: Army Reserve Info Session

6.00pm – 7.30pm | Wollongong Army Reserve Depot

May 26

Wollongong: Defence Careers Info Session

6.00pm – 7.30pm | Wollongong Army Reserve Depot

May 27

Nowra: Army Reserve Info Session

6.00pm – 7.30pm | Worrigee Sports

AUG Student Services | Hospitality Info Day

5 May 2021, 4:00 pm - 7:00 pm

Online

Discovery opportunities to recover and thrive in the new normal. Get yourself prepare and jobready while the industry recovers.

Find yourself exploring hospitality and culinary schools from different countries (Switzerland, Australia, UK, and Malaysia).

Why attend?

- A wide range of courses in culinary and hospitality over different counties are available
- Top-ranked in the 2021 QS World Ranking under Hospitality and Leisure Management category
- Explore transfer options after Diploma studies
- Various scholarships information
- Gain and earn working experience while studying

Find out more: https://www.eventbrite.com.au/e/hospitality-info-day-tickets-149841571173

The Hotel School | Information Evening

11 May 2021, 5:30 pm - 6:30 pm

The Hotel School, Sydney Campus

Your career path is an important decision. Join us to start exploring how you can be a part of an exciting global career within the hospitality, hotel and tourism industry by attending our Information Evening.

Highlights of the session include:

- Find out more about course and flexible degree options
- Meet academic staff and current students
- Career guidance & Industry insights
- Scholarships and fees
- Personalised campus tours

Find out more: https://www.eventbrite.com.au/e/the-hotel-school-sydney-information-evening-tickets-151581252607

Careers in Biomedical Science STEMinar

12 May 2021, 4:45 pm - 5:45 pm

Online

To celebrate International Day of Immunology, the Australian and New Zealand Society for Immunology in conjunction with Federation University, Gene Technology Access Centre (GTAC) and Monash University are hosting a "Careers in Biomedical Science STEMinar".

This one-hour online seminar will cover the diverse experiences of our insightful panellists from undergraduate and postgraduate studies to working in a wide range of occupations, followed by a panel Q&A.

Find out more: https://www.eventbrite.com.au/e/careers-in-biomedical-science-steminar-tickets-152061996525

UNSW | Kick Winter Online Session

12 May 2021, 6:00 pm - 7:00 pm

Online

Kick Winter is the pre-workshop of the UNSW Gateway Winter Program.

Kick Winter will:

- Support you to stay motivated and reconnect with your passions.
- Help you to make the most of exclusive HSC support opportunities available through the upcoming Gateway Winter Program.
- Profile the UNSW Gateway Admission Pathway and application requirements.

Find out more: https://unsw.au1.qualtrics.com/jfe/form/SV 24BEv5tUK0sx8zQ

TAFE NSW | Marine & Maritime Career Webinar

13 May 2021, 10:00 am - 11:00 am

Online

Are you dreaming of a life at sea? Whether you're interested in working on the water or prefer to stay connected to the land, there are plenty of awesome maritime careers to suit your skills and interests.

Get on board with our free webinar delivered in partnership with the Department of Education, Transport NSW and Boating Industry Association to learn more

Find out more: https://www.facebook.com/events/212475837352899/

Law Week Event – Consent, sexting, sex offences and sexual harassment

18 May 2021, 11:00 am - 12:00 pm

Online

As part of Law Week 2021, Youthlaw is excited to be offering a presentation on the laws around consent, sexting, sex offences and sexual harassment.

This event is free to the public. It is designed to target teenagers and young adults under 25. We welcome and encourage individuals, youth groups and schools to register to attend the event.

We also encourage you to submit relevant questions beforehand that you would like me to answer during the presentation. If you would like to do so, please go to the following web page and submit your question: https://www.surveymonkey.com/r/2LKC3QY. Your question will be completely anonymous.

Find out more: https://www.eventbrite.com.au/e/law-week-event-consent-sexting-sex-offences-and-sexual-harassment-tickets-148705463043

SCCE | Exchange Webinar

19 May 2021, 6:00 pm - 6:30 pm

Online

At SCCE, we understand that there is a lot to consider when going on exchange, which is why we are happy to offer these regular online information webinars to teach you all about your student exchange options.

Our online sessions go for approximately 30 minutes. They will guide you through everything from you need to know about our programs. There is also time at the end of the presentation to ask questions, providing a wonderful opportunity to interact with both our staff and other future exchange students.

Find out more: https://scce.clickmeeting.com/wednesday-19-may-2021-info-session/register

Towards medicine – balancing UCAT and ATAR

23 May 2021, 12:00 pm - 1:00 pm

Online

This workshop aims to teach students how to balance year 12 studies with the UCAT, both of which are important when applying for medicine.

Find out more: https://www.eventbrite.com.au/e/towards-medicine-balancing-ucat-and-atar-60-min-event-tickets-137721999207

University of Newcastle | 2021 Parent info session: Year 10 subject selection

25 May 2021, 6:00 pm - 7:00 pm

Online

Our student ambassadors will share key subject selection information and share their stories and experiences with subject selection and transition to University studies.

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Presentation topics:

- Subject selection process (our 3 simple steps on how to select your subjects)
- Subject selection resources, case studies and examples.
- What if I don't know what I want to do or change my mind?
- What can you study at the University of Newcastle? (campuses, faculties etc.)
- Differences between school life and university life (life as a student, timetables etc.)
- Pathways to University
- Ask a Student platform

The session will run for approximately 40 mins with 15 minutes for Q&A. Parents and students can ask questions throughout the presentation.

Find out more: https://www.newcastle.edu.au/events/future-students/2021-yr10-subject-selection-parent-info-session

RMIT | Information Evening, Albury

17 June 2021, 6:00 pm - 7:00 pm

Mantra Albury Hotel

Thinking about studying at RMIT? This is the perfect place to start.

You'll hear from our staff and students on:

- Our campuses and locations
- Course options
- Industry Experience
- Global Opportunities
- Prerequisites and Pathways
- Clubs and societies
- Our graduates
- Accommodation options
- Entry schemes

You'll have the chance to ask questions and find out where RMIT might take you.

Find out more: https://www.eventbrite.com.au/e/rmit-university-information-evening-albury-tickets-147922017737

Workshops & Courses

NIE | Simulated UCAT Day Workshop Online

5 June 2021, 10:00 am - 5:30 pm Online

The workshop is designed to cover fundamental techniques in navigating all five sections of the UCAT. Students will spend the day with our specialist teachers and will be able to ask questions and address any concerns they may have about the test. Those who will be attending the online version of the workshop will be provided with the practice test, which they have to attempt soon after the workshop day.

The follow-up online session will be run within a week of the full-day program. It will provide insightful and extremely valuable information about the application process into medicine and guidance for future planning strategies. Finally, we will spend some time to better explain the Medical Interview process as well as providing students with preliminary instructions on how to start preparing for this very important stage of the admission process. This forum will be an opportunity to answer any general questions that students and their parents may have in relation to the pathways into medicine.

Find out more: https://www.nie.edu.au/products-listing/product/216-simulated-ucat-day-workshop

UNSW | Gateway Winter Program

14 June 2021, 10:00 am - 2 July 2021, 3:00 pm

Online

Be part of the UNSW Gateway Winter Program and have the chance to apply for a Gateway early conditional offer to study at UNSW.

The UNSW Gateway Winter Program is a free, online program that provides you with academic resources and information to ensure that you succeed in your HSC, harness your strengths and stay motivated. You'll also be able to connect with our current UNSW student Ambassadors and find out more about our degrees and what the UNSW uni experience is like.

The UNSW Gateway Winter Program is open to senior students who attend one of UNSW's Gateway schools.

Find out more: https://www.futurestudents.unsw.edu.au/year-12

NSW Public Schools State Drama Camp

20 June 2021, 9:00 am - 24 June 2021, 5:00 pm

Eleanora Heights Conference Centre

Each year the NSW Public School State Drama Camp is open for Year 11 drama students.

Workshops are led by industry specialists and exemplary teachers from NSW Public Schools.

The camp is fully catered with a healthy menu and accommodation is in modern heated carpeted cabins and rooms at the Eleanora Heights Conference Centre.

Student eligibility:

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- High potential Year 11 drama students who are currently studying drama at school, who
 have not attended a State Drama Camp previously and need to extend their skills
 through a series of intensive workshops.
- There is a limit of 6 students from each school.
- This camp is for students seeking to build on their current experiences in drama to enhance their skills and knowledge.

Regional and remote students are strongly encouraged to apply.

Applications close on Friday 21 May.

Find out more: https://www.artsunit.nsw.edu.au/drama/state-drama-camp

BiG Day In 2021

UTS (Sydney): 21 July 2021, 9:00 am - 2:30 pm

Port Macquarie: 25 August 2021, 9:00 am - 2:30 pm **Newcastle:** 13 October 2021, 9:00 am - 2:30 pm

The BiG Day In events are aimed at senior secondary school and university students interested in careers in ICT and technology. BiG Day In helps students obtain more information about ICT and technology careers, and hopefully helps them make a better-informed decision about their future. BiG Day In events are held on University campuses around Australia (where possible) to give students an insight into what 'university life' might look like.

Register for UTS: https://www.thebigdayin.com.au/day1uts2021

Register for Port Macquarie: https://www.thebigdayin.com.au/portmacquarie2021

Register for Newcastle: https://www.thebigdayin.com.au/newcastle2021

Scholarships

UTS Bachelor of Accounting Cooperative Education Scholarship Program

Value: Up to \$45,000

Open/Closing Dates: March 1, 2021 – October 15, 2021

Find out more

UTS Women in Engineering and IT Cooperative Scholarship

Value: \$66,000 AUD

Open/Closing Dates: May 1, 2021 – September 7, 2021

Find out more

University of Newcastle Ma & Morley Scholarship Program

Value: Up to \$15,000 AUD per year

Open/Closing Dates: July 1, 2021 – October 3, 2021

Find out more

Melbourne Chancellors Scholarship

Value: 100% fee remission and \$17,500 - \$32,500 AUD Open/Closing Dates: August 2, 2021 – September 30, 2021

Find out more

UNSW Co-op Program

Value: \$19,600 per year

Open/Closing Dates: May 1, 2021 - September 30, 2021

Find out more

Competitions

BUFTA

The Bond University Film & Television Awards (BUFTA) is one of the premier film competitions for High School students around Australia. BUFTA gives Year 11 and 12 students the chance to win a full scholarship to study a Bachelor of Film and Television at Bond University.

There are no themes to adhere to, no objects you must use, no-one else's message to relay, simply let your imagination and ambition be your guide. There are seven categories that can be entered into, so grab your camera and go.

Entries are open until 13 September.

Find out more and enter here: https://www.bufta.com.au/

CyberTaipan 2021

CyberTaipan is an Australian Youth Cyber Defence Competition for teams of high school aged students. Take your first step into cyber security, try new challenges and gain experience in defensive techniques.

Each team competes in a series of online competition rounds by fixing vulnerabilities, hardening systems, and performing other tasks related to networking, cyber defence and cyber security.

Team registrations close 26 July. The competition will take place over 2 rounds, one from 20 - 22 August, and the other from 10 - 12 September. The top ten teams will participate in the final on 15 October.

Find out more and register here: https://digitalcareers.csiro.au/en/CTaipan

AutoCrit Community Writing Challenge

Registrations are open for the AutoCrit Community Writing Challenge.

By registering for the challenge you will receive writing prompts to help spark your creativity. You will then write a short story (max. 5,000 words) to go into the running to win some great prizes.

The challenge runs from May 10 to May 24, and is free to enter.

Find out more and enter here: https://www.autocrit.com/writing-challenge-2021/

Robogals Science Challenge

The Robogals Science Challenge is a global STEM competition for girls and gender diverse students aged 5-15, encouraging students to explore different disciplines of STEM through hands-on projects.

The competition format has two main Challenges. Participants are required to complete 2 Minor Challenges before being eligible for the Major Challenge.

Entries to the competition are to be submitted online as videos, photos, and writing.

The Major Challenge is open until Monday 16 August.

Find out more and register here: https://sciencechallenge.org.au/

SSA National Schools Poster Competition 2021

The SSA National Schools Poster Competition is a fun, project-based learning activity which encourages primary and secondary school students to develop, implement and creatively report upon an investigation on any topic of interest to them (the 'X')... for great prizes! Students conduct small-scale versions of real-world investigations in teams, developing core STEM and cross-functional skills. They create an informative e-poster presentation communicating their investigation clearly, concisely and creatively.

The winning school and the winning team (for each division) will each receive gift cards. Year 9-10 and Year 11-12 Division winners may be forwarded to the International Competition delivered once each two years.

Entries are open now and close 10 November.

Find out more and register here: https://ssapostercomp.info/

Careers & Jobs

Travel the world as a Flight Attendant

What is a Flight Attendant?

Becoming a pilot isn't the only way you can travel the skies and see the world – you could also become a Flight Attendant.

A job as a Flight Attendant generally involves:

- greeting people when they board;
- serving food and drinks mid-flight;
- assisting passengers during flight;
- being aware of any safety procedures in an emergency.

This role is great for people who are friendly and outgoing, have great customer service skills, and prepared to handle anything that might happen.

How can I become a Flight Attendant?

Unfortunately it's usually not as simple as walking in and applying for a job. There is often training you will need to complete first, so you know you're ready for the job. So where can you learn the skills you need to be a Flight Attendant?

A great place to start is by studying a <u>Certificate III in Aviation (Cabin Crew)</u>. This is a 6-month course that is offered by some RTOs across Australia. You can even complete it as an apprenticeship in Queensland, Victoria and Western Australia.

There are also shorter preparation courses you can take to become a Flight Attendant, such as <u>Aviation Australia's Cabin Crew Courses</u>. These courses take less time, between 2-12 weeks, and are a great way to prepare you for your application.

Some airlines will require you to undertake a training course once you have successfully applied for the job. You can read all about the process of becoming a Flight Attendant with Qantas here to get an idea of what to expect.

Many airlines also ask you to have other relevant qualifications before you apply, such as Provide First Aid and Responsible Service of Alcohol. If you're going to apply for a job, make sure you meet the requirements they ask for.

Where can I find out more?

If you'd like to find out more about similar jobs, take a look at our Job Spotlights on the <u>Tourism</u> <u>Industry</u> and <u>Air Traffic Control</u>.

A Day in the Life of Your Dream Career

There are so many different jobs out there it can be hard to choose which one might be right for you. Work experience is always a great way to test drive a career, but it isn't always possible.

We have gathered some video resources you can use to see what life is like in different careers, and help you decide whether or not it could be the job for you.

Aviation

Pilot: https://www.youtube.com/watch?v=ishqvPl3LEo

Cabin Crew: https://www.youtube.com/watch?v=G7NbhcExQYQ

Art & Design

Graphic Designer: https://www.youtube.com/watch?v=RxUwE9pvrhs

Actor: https://www.youtube.com/watch?v=WxC8LUHu1wM

Manga (Comic) Artist: https://www.youtube.com/watch?v=t3rKrTehORY Photographer: https://www.youtube.com/watch?v=U4Um8DCx1bk

Business & Law

Accountant: https://www.youtube.com/watch?v=l6gPXtsJIw0 Lawyer: https://www.youtube.com/watch?v=fMTLYRedBwo

Social Media Manager: https://www.youtube.com/watch?v=8qkedm19ums

Construction & Trades

Bricklayer: https://www.youtube.com/watch?v=FcazWhDSuyc
Plumber: https://www.youtube.com/watch?v=OekKI-8S500
Chef: https://www.youtube.com/watch?v=THrMcd-ODj0
Hairdresser: https://www.youtube.com/watch?v=Ko37KTlut-A

Education

Primary School Teacher: https://www.youtube.com/watch?v=1lfOvdRu Qs

Tutoring: https://www.youtube.com/watch?v=rnJxMvfpjG0

Disability Support Worker: https://www.youtube.com/watch?v=RAyt9wGwzZg

Emergency Services

Police Officer: https://www.youtube.com/watch?v=udhTTJXvPmk
Paramedic: https://www.youtube.com/watch?v=blVMHZB0el0
Firefighter: https://www.youtube.com/watch?v=blVMHZB0el0

Health & Medicine

Nurse: https://www.youtube.com/watch?v=TykAHBT5olg

Radiologist: https://www.youtube.com/watch?v=C3o6bvyPIoM
Heart Surgeon: https://www.youtube.com/watch?v=U91AUYttTyc

STEM

Software Engineer: https://www.youtube.com/watch?v=WWggmC8kYZc
Game Programmer: https://www.youtube.com/watch?v=e TxH59McIA

Biomedical Research Scientist: https://www.youtube.com/watch?v=GgtRTCxqrZs

Cyber Security Specialist: https://www.youtube.com/watch?v=yuyVEIFHjy8

Don't forget you can check out other resources like our <u>Job Spotlights</u> to find out more about careers.

Ready STEM Go!

Ready STEM Go! is a YouTube series exploring the adventures of QUT STEM alumni.

Join current student Mackenzi Oliver as she dives into graduates' projects and discovers the paths they have followed to be where they are today.

Get inspired, engage in conversations, and discover the passion that could lead you to your career in STEM.

Watch here: https://www.youtube.com/playlist?list=PLqdK0bEe0IcNsuA8httpAqN2ZKolgyfmx

Further Learning

Need to sit the UCAT in 2021?

If you're thinking of studying medicine at university in Australia or New Zealand in 2022, many of the programs require you to sit the Universities Clinical Admissions Test (UCAT) for admission.

Registrations to sit the test are closing soon on Monday 17 May, so make sure you've booked a time to do your test.

Need some more info about what the UCAT actually is? <u>Take a look at our blog here for some</u> <u>more detailed info</u>, including fees and dates.

UCAT have also developed heaps of fantastic resources to help out with your study and preparation – we've pulled together all the ones we could find here.

Want to learn more about getting into medicine? Check out our Entry to Medicine <u>PDF Guide</u> and <u>Printed Handbook</u> to find everything you need to know.

If you feel like you need some help preparing for the test, there are plenty of places out there that offer workshops, tutoring, and other resources to help you ace the UCAT. <u>NIE</u>, <u>MedEntry</u>, <u>MedStart</u>, and <u>Matrix Education</u> are just a few you can check out.

You can register to sit the test and see more key dates here: https://www.ucat.edu.au/

What you need to know about Co-op Scholarships

Successfully applying for a co-op scholarship could do much more for you than simply covering your costs.

Premium scholarships with extra value

Scholarships are generally sums of money donated to applicants who meet the eligibility requirements specific to that scholarship, there are thousands available in Australia. They could really make a difference to your tertiary education experience by removing financial pressure and other barriers that could otherwise prevent you from achieving your goals. Or, they could help you start your working life in less debt than you otherwise would. How great is that?

Co-op Scholarships go the extra mile. Not only do they provide some financial benefit (or in some cases *a lot*), they could also provide you with amazing extras such as:

- Mentoring
- Leadership and development programs
- Work experience
- Paid internships
- Tuition fees paid
- Guaranteed accommodation
- Access to workshops and special events
- Networking

Who can apply for a Co-op Scholarship?

Each scholarship is unique to the institution or provider, so you'll have to check that you'll meet the eligibility requirements before you spend time applying.

Co-op scholarships are generally open to high achievers.

If you think that doesn't sound like you – it's still worth checking, merit isn't just given for amazing academic results, although it is often a pre-requisite.

Some scholarships will accept applications from people who've been recommended by their school for their outstanding contributions. Others want to reward individuals who've worked hard and made a difference with community involvement, or perhaps have shown great potential with their leadership abilities.

Competitive but worth the rewards

These esteemed scholarships are highly sought after, so the applications can be highly competitive, but they are definitely worth your time applying.

Many of these programs have a 100% success rate for employment upon graduation. You might receive an income while you're still studying at uni as some internships are salaried

If you don't leave university with a job already lined up, the fact that you received a Co-op Scholarship will look fantastic on your resume, could appeal to potential employers, and may have provided you with relevant work experience and useful industry contacts. In other words, you'll definitely be ahead of the pack.

There are benefits to just applying for a co-op scholarship

Putting yourself forward for the co-op scholarships and completing the application will give you invaluable experience in completing intricate applications and doing well at interviews. Your confidence could receive a little boost knowing that you're considered eligible, that your application was considered and that you put yourself outside your comfort zone and survived intact.

In some cases, if you're application isn't successful but the panel were impressed by your application, they could suggest alternative scholarships and programs to apply for. Even if you don't exactly meet the eligibility requirements but you're close, you've excelled in some areas and your application really stands out, providers might just bend the rules for an outstanding candidate.... it could be you.

So what's the catch?

Being granted on of these highly prized co-op scholarships you'll be expected to take your studies seriously.

You'll have to make sure you stay on track and achieve your predicted ATAR results (or better). Once you've enrolled at university and started your course, you'll have to maintain the required GPA in order to keep the scholarship. You might even have to comply with other requirements, e.g.:

- Help out at 'O' week
- Commit to helping out on campus
- Active involvement within your chosen department, and
- Attending all additional programs and events that you're entitled to.

Get help finding out more about Co-op Scholarship programs

At Study Work Grow we've done the research for you and put it all in one easy to read place; our updated guide contains:

- Institutions and providers who are offering this specific kind of co-op scholarship
- Scholarship values and inclusions
- Eligibility criteria
- Application process
- Key dates

You can get the guide here.

Frequently asked questions (FAQs) about Co-op Scholarships

What ATAR do I need to be eligible for a co-op scholarship?

It really depends on the institution, for example at <u>UNSW</u> you'll need a predicted ATAR of 96 or above to apply, whereas at <u>Federation Uni</u> if you've a predicted ATAR of 80 you could be eligible.

Some programs don't even specify an ATAR.

How are co-op scholars selected?

The application process for each scholarship varies, you'll often have to:

- Meet all the eligibility requirement
- Complete a special application form available from the institutions before the closing date
- Provide supporting evidence and recommendations
- You might have to complete a personal statement, answer some questions, or prepare a video or other element of the application
- Attend and interview to be assessed

and see if there are any you're interested in.

But you should read all of the application details for the co-op scholarship you're interested in applying for to make sure you know exactly what to do.

Can I defer my Co-op Scholarship?

Some scholarships allow you to defer, but it's unlikely with Co-op scholarships will because they are so competitive and sought after – you'll need to check with the individual provider to confirm this though.

If you are successful in receiving a scholarship and then need to defer your enrolment, you might have to complete another application and go through the entire process the following year (if the application criteria allow for that).

Take a Campus Tour

After an unprecedented year where most of us were stuck at home, universities are opening back up again. And one of the things you can now do is tour their campuses in person. We've gathered a list of universities that are currently offering on-campus tours. Take a look

Remember, if you decide to go on a tour, you will have to adhere to social distancing guidelines, and if you've recently been in a hotspot area, you may not be allowed to come.

NSW

- Australian Catholic University (Blacktown, North Sydney, Strathfield)
- <u>Charles Sturt University</u> (Albury-Wodonga, Bathurst, Dubbo, Orange, Port Macquarie, Wagga Wagga)
- Macquarie University (Macquarie Park)
- <u>University of New England</u> (Armidale)
- <u>University of New South Wales</u> (Kensington, Paddington)
- <u>University of Newcastle</u> (Callaghan, Ourimbah, NUSpace)
- University of Notre Dame (Sydney)
- <u>University of Sydney</u> (Camperdown/Darlington)
- <u>University of Technology Sydney</u> (City)
- <u>University of Wollongong</u> (Wollongong, South Western Sydney, Bateman's Bay, Bega, Shoalhaven, Southern Highlands, Southern Sydney, Sydney CBD)
- Western Sydney University (Parramatta South, Parramatta City, Hawkesbury, Liverpool, Campbelltown, Penrith)

Is the campus you really want to visit not on this list or really far away? Most universities are also offering <u>Virtual Campus Tours</u> as well, so don't forget to check them out.

Changes to admission requirements for Midwifery at University of Newcastle in 2022

From Semester 1 2022, students will no longer need to submit a two-step application to be considered for admission to the University of Newcastle's Bachelor of Midwifery program. In previous years, applicants had to submit a standard UAC application and also a direct application listing their preference for clinical placement location. The direct clinical placement application is no longer required.

From 2022, applicants simply need to submit a standard UAC application, listing the Bachelor of Midwifery as a preference. Successful applicants will be selected on the basis of their selection rank.

Admission to the Bachelor Midwifery is highly competitive, and it is likely that all places will be offered in the main December Round 2 offer round. **The December Round 2 application deadline is 15 November**, so make sure you get your UAC application in before then. Find out more about the Bachelor of Midwifery here:

https://www.newcastle.edu.au/degrees/bachelor-of-midwifery

IPROWD

TAFE NSW's Indigenous Police Recruitment Our Way Delivery Program (IPROWD) is a chance for young indigenous people to gain the skills they need to become a police officer.

During the 18-week program you will earn a Certificate III in Vocational and Study Pathways and learn a variety of skills to prepare you for police force recruitment, including communication, IT skills, fitness, and support with applications.

The program is run in multiple locations across the state. To see application dates and apply, go here: https://www.tafensw.edu.au/iprowd

Resources

A gap year with no travel

What's a gap year?

A gap year is traditionally when students who have just finished Year 12 take a year off before heading off to university or full-time work. And as you probably know, most people love to spend their gap year travelling.

While it's great seeing the world and meeting new people, it's unfortunately not really possible at the moment. So if you're thinking of taking a gap year, you might be wondering what else there is to do instead.

Never fear – there are heaps of other things you can do in your year off that don't involve jumping on a plane. But first, let's talk a little about why you'd want to take a gap year at all.

Benefits of a gap year

A year can sound like a long time. And if you don't exactly have a plan, it might be a little daunting to imagine what you're going to do with all that time. If you're on the fence about taking a gap year, here are some benefits that might sway you.

Take a breather

Year 12 can get pretty intense. Do you really want to jump into another three (or more) years of study straight away? A gap year can be a great time to relax, de-stress, and do some soul-searching. Remember – it's okay to not know what you want to do right after leaving school.

Grow as a person

Having time away from study can leave you lots of time for other activities. You might pick up a new hobby, volunteer, join a club, take a class, learn a new language, set new goals – the list is endless. Sometimes it's good to just take some to grow as a person and develop important skills.

You might change your mind

Maybe you found something you really love doing during your gap year and now you don't want to go to uni anymore. Or maybe your time off just made you even more keen to start studying again. Both of those are ok. Spending the time wisely can help you make decisions for the future.

How can I spend my gap year?

Now for the big question: if I can't travel, what else can I do with my gap year? Well, the answer is, *lots*.

Volunteer

There are heaps of benefits to volunteering. You get to meet new people, build new skills, and hopefully do something you enjoy. It can also be satisfying knowing you're giving something back to the community as well.

Want to find some volunteering opportunities near you? Check out <u>GoVolunteer</u> and <u>SEEK</u> Volunteer and see if anything piques your interest.

Work

I know what you're thinking – don't you want to take a gap year to relax a little? But even working part-time can be hugely beneficial for you. You get to learn new skills, build your employment networks, and – best of all – earn some cash. Getting a job or even work experience in a field you're interested in can also help you decide whether or not it's the right choice for you.

If you're keen to find work experience, you can take a look at our <u>work experience database</u> to search for opportunities.

Start a new hobby

Love nature? Start up your own garden. Feeling a bit creative? Learn to paint or play an instrument. Still got those dreams of travel in your mind? Learn a new language. Been putting off those fitness goals? Now is the time to start.

You'd be surprised at what you can achieve in a year. Spending some time doing what you love can also help you narrow down your focus when thinking about what to study.

Want some low-cost hobby ideas? Take a look at this list from Lifehack.

Learn how to become an adult

Having a year off without having to worry about study can give you time to learn other useful life skills. You could learn how to budget, start cooking at home, do some research into tax and

superannuation, or find out how to rent a house or unit. These are all things you definitely need to learn how to do one day, so you might as well start now.

<u>Take a look at our blog here</u> for heaps of info on becoming independent.

So what's next?

Our biggest tip if you're looking to take a gap year is to make sure you have a plan. Don't take a year off just to lay around the house and do nothing – that's not going to benefit you at all. Take a step back for a second and think about your interests and ambitions. What matters to you? What can you do about it right now? Think about ways you can spend your gap year to improve yourself and your future prospects.

Where can I find out more about gap years?

We've got a huge collection of resources on gap years, from tips and advice to program recommendations. You can also take our gap year quiz to see if taking a gap year is the right decision for you.

Join the Arts Unit's Student Voices in the Arts Council

The Arts Unit's Student Voices in the Arts Council (SVAC) is an opportunity for students to advocate for and articulate the value of the arts for themselves and others.

Expressions of interest are open for new council members in 2021.

All meetings are held online and applications are open to any NSW Public School students in Years 5 to 11.

Applications are open until 28 May.

Find out more and apply here: https://www.artsunit.nsw.edu.au/student-voice

Job Spotlight

How to become a Dentist

Help people smile with confidence

What do Dentists do?

Dentists are medical professionals who diagnose, treat and help prevent diseases and problems with people's teeth and gums. They perform surgeries and procedures on patients in order to correct problems, such as fillings, fitting implants and crowns, deep cleaning procedures, and more.

If you are kind and empathetic, can handle any problem that comes your way, and are dedicated to improving people's health, becoming a Dentist could be ideal for you.

About you:

- Caring and compassionate
- Dextrous with a steady hand
- Good attention to detail
- Able to stay calm in difficult situations
- Reliable and trustworthy
- Excellent communicator
- · Committed to lifelong learning
- Can work independently and as part of a team

The job:

- Diagnose dental diseases
- Perform examinations on patients
- Perform surgical treatments and procedures to fix issues with teeth and gums
- Develop treatment plans for patients
- Educate patients on dental care and health
- Prescribe medications and treatments
- · Administer and monitor anaesthetics during treatment
- Lead teams of other dental professionals, including Dental Assistants and Hygienists
- Deal with patients who may be anxious or scared

Lifestyle Impact: Moderate

- Part Time opportunities: Average 63% of Dentists work full-time, meaning there is some opportunity for part-time roles (source: joboutlook.gov.au).
- Average hours for full-time workers: 42 hours a week, which is average (source: joboutlook.gov.au).
- Dentists' salary (average) \$180,000* per year (Source: com.au). *Salaries vary depending on your skills and experience.
- Future career growth: Strong (Source: joboutlook.gov.au).

Dentists are most in demand in these locations:

This is a medium-sized and growing industry, with around 11,900 workers in 2019 (source: joboutlook.com.au). There are opportunities available for dentists across the country, especially in rural and regional areas where medical professionals are less common.

Performing examinations and procedures for patients will require you to work on-site, so opportunities to work from home are extremely limited.

How to become a Dentist in Australia

You must complete a Bachelor-level qualification in order to work as a Dentist in Australia. The course you take must be accredited with the Australian Health Practitioner Regulation Agency (Ahpra), and you will need to register with the Dental Board of Australia before you can start working.

Step 1 – Complete your high school certificate and take subjects such as English, Maths, Biology, and Chemistry.

Step 2 – Study a relevant Bachelor-level qualification at university. Most courses require you to sit the Universities Clinical Admissions Test (UCAT) for entry, as well as undertaking an interview. Some courses include:

Bachelor of Dental Science at CSU

Bachelor of Dental Health Science at Griffith

Bachelor of Dental Surgery at the University of Adelaide

Bachelor of Science/Doctor of Dental Medicine at the University of Sydney

Step 3 – Once you have finished your studies, you must register with the Dental Board of Australia before you are allowed to work as a dentist.

Step 4 – Make sure you renew your registration annually and complete 60 hours of Continuing Professional Development (CPD) activities over a three-year cycle.

Step 5 – Consider upskilling or specialising in a particular area with a postgraduate degree, such as:

Doctor of Clinical Dentistry (Orthodontics) at the University of Sydney

Graduate Diploma in Clinical Dentistry (Conscious Sedation and Pain Control) from the

University of Sydney

Doctor of Clinical Dentistry at UQ

Doctor of Clinical Dentistry at UWA

Find out more here –

https://www.ahpra.gov.au/

https://www.ahpra.gov.au/

Similar Careers to Dentist

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Orthodontist

Dental Hygienist

Medical Doctor

Registered Nurse

Dental Assistant

Surgeon

Aged Care Worker

Pathology Collector

Find out more about alternative careers.

Frequently Asked Questions (FAQs)

What do Dentists do?

Dentists diagnose and treat a variety of dental problems in patients.

Which industries employ Dentists?

Dentists are most commonly found in the Healthcare and Social Assistance industries.

Do I need to go to university to become a Dentist?

Yes. You will need to complete an approved Bachelor qualification before you can get your registration and start working as a Dentist.

Where do Dentists work?

Many dentists are self-employed or work in a private practice. However, there are also roles available in public clinics and hospitals as well.

What are 3 things I can do right now to help me become a Dentist?

If you're in high school and you'd like to find out if a career as a Dentist is right for you, here's a few things you could do right now:

- 1. See if you can get work experience in a dentist's office or other health-related setting. This can help you decide whether or not the career is right for you and can help you start building connections.
- 2. Browse courses and make sure you know the entry requirements for the course you would like to study. A lot of them have certain subject prerequisites, such as Maths or Chemistry, and other extra entry requirements such as a UCAT score and interview.

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3. Talk to a dentist and get an insight into what a day in the life is like. They may also be able to provide you with some tips when it comes to choosing a degree or a place to work.

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